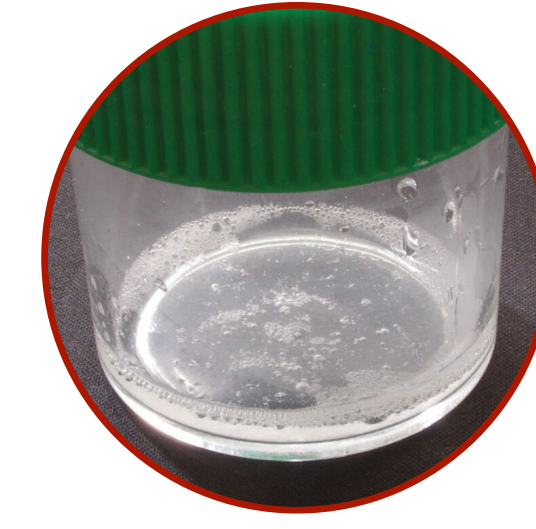
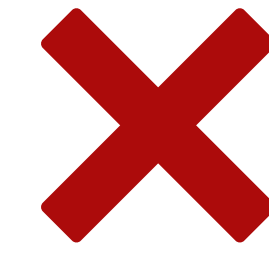
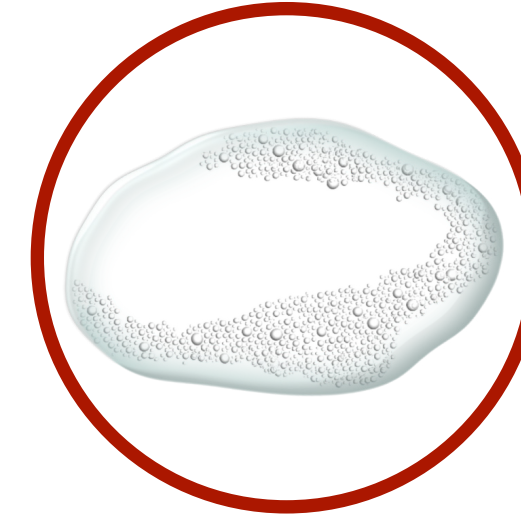
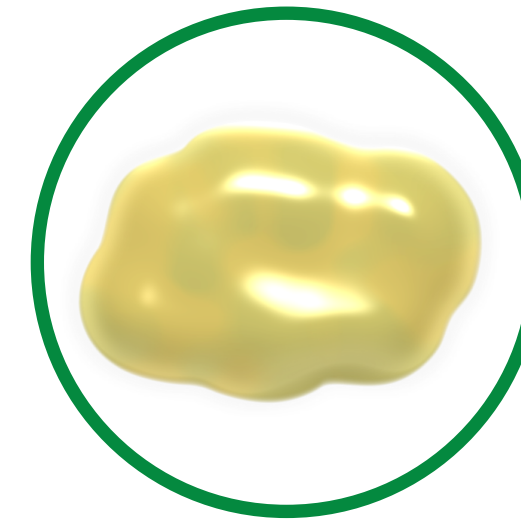


Sputum Collection for Tuberculosis (TB) Testing

We need thick sputum
from your lungs
NOT
watery saliva
from your mouth



Saliva



Sputum

Wash your mouth
with clean water

1



Breathe in and out
deeply, 3 times

2



Take a deep breath
and cough hard
Bring sputum up
from your chest, and
drop it into the cup

3



Keep trying until
sputum covers the
bottom of the container
Put the lid on tightly
and return the sputum

4

